

Discipleship Assessment Team Retreat

Envision a retreat that allots 90 minutes of content to each of the aspects of the D Vision: IN, LIKE, and WITH. Here (below) is a sample module for arrival exercise (90 minutes) and then followed by a 90-minute module for "IN." Of course, a team retreat will vary greatly depending on the team context, so we are simply suggesting a format with some starter ideas here...

Time	Content	Notes	Materials
15 min	Present D Vision	Present D Vision focused on three dimensions of In, Like, and With. From John 15: Abiding, Pruning, Fruit-bearing.	
45 min	Arrival exercise	<p>Growing as a disciple: Read Genesis 2; (alternative Scripture reflection; John 15 or Psalm 1)</p> <p>The Garden of Eden represents God's ideal environment for his new creation of woman and man to thrive, work, and grow. Read and reflect on the Garden as a metaphor for flourishing life. Think of your life as a disciple as being like a garden. What does the garden look like? What season is it in that garden? What is the quality of the soil, the produce?</p> <p>Consider drawing a picture of the state of the garden. (even if you are not artistically gifted, this exercise may help you reflect!)</p> <p>Pray and commit your observations to Jesus. Ask God's Spirit to work in you during the retreat to help the garden of your life to flourish in him.</p>	<p>Journals, writing supplies, art supplies, crayons, paper, markers.</p> <p>Places to scatter and be alone.</p> <p>Bibles</p>
30 min	Communal Discipleship	Discuss in triads using the garden imagery: Growing other disciples:	Assign triads for duration of retreat.



		<p>Describe the quality of your relationships with peers and family.</p> <p>Describe the quality of your relationships with those you hope will become disciples of Jesus.</p> <p>Describe any relationships where you are intentionally helping another disciple grow.</p> <p>Pray together for each other.</p>	
15 min	Large Group: In Christ in Intimacy	<p>IN CHRIST passage. Ephesians 1:1-14 (esp. v. 5) Our identity is in Christ. As such, we have been adopted as sons and daughters. Who does God say we are?</p> <p>Teaching on the family of God, what He intends it to be, what it means to be daughters and sons, individually and as the household of God.</p>	
45 min	Triads: In Christ in Intimacy	<p>Language of family... means something different to each one of us. Pick the photo that best represents what you think of when you think of "family of origin"</p> <p>Share Triads: Why you picked this.</p> <p>Pray for each other for ways in which the image of God for family needs to be restored for each of you.</p>	Family photographs representing different family dynamics Happy sad blended angry poor wealthy relaxed tense
30 min	Worship Response: We are God's Family	<p>Worship or other corporate activity to underscore family communal identity</p>	Worship music that emphasizes redeemed family identity as the people of God.