

Discipleship Reflection Guide

Abstract: This guide offers an opportunity to assess your growth as a disciple: in Christ in intimacy with God and others, like Christ in character, and with Christ in his mission. It should be used following participation in the Discipleship Survey.

Thank you for taking the InterVarsity Discipleship Survey. By discussing your survey responses and this reflection guide with a mentor, leader, or a group of peers, you will gain perspective on how to grow as a disciple of Jesus.

Looking at your responses to the Discipleship Survey, answer the following questions:

1. What do you notice about your responses for "Intimacy with Jesus" (*in Christ*)? If someone else were looking at those responses, what might they observe?
 - How would you describe your relationship with Jesus?
 - Read John 15:1-17. In the last year, how have you grown or not grown in Abiding?
 - Jesus desires that we "bear much fruit." In the last year, what fruit has come from your spiritual life? Give thanks to God for your fruitfulness.
2. What do you notice about your responses for "Developing Christlike Character" (*like Christ*)? If someone else were looking at those responses, what might they observe?
 - In which of these areas would you like to see growth?
 - How might growth in that area enable you to be more like Jesus?
 - Read Gal. 5:22-26. Which fruits of the Spirit are evident in your life? Which are missing?
3. What do you notice about your responses for "Participating in God's Mission" (*with Christ*)? If someone else were looking at those responses, what might they observe?
 - Which of the five statements in the survey (compassion and justice, leadership, etc.) comes most naturally to you? Which of these is hardest?
 - How is Jesus currently inviting you to be in ministry with him in the world around you?
 - Read Mark 6:30-44. How can you offer your "loaves and fishes" to Jesus to be used to bless others?
4. In which of the three areas of Discipleship – in Christ (intimacy), like Christ character), or with Christ (mission) – have you experience the most growth? How do you hope to continue to mature in this are in the next six months?
5. Contributors and Distractors to Growth
 - If you feel that you have grown as a follower of Jesus in the last year, look at the contributors you marked as aiding your growth. How can you invest further in those factors that have been helpful? Consider what detractors could be eliminated, freeing you for more growth.
 - If you feel that you haven't grown as a follower of Jesus in the last year, look at the detractors you marked as inhibiting your growth. What changes will you make to free you up to grow? What help will you need to make those changes?
6. Look at the goals for growth you selected. In light of this reflection exercise, are there any adjustments you would make to those goals? Set three specific action steps to help you accomplish your goals for growth as a disciple of Jesus. Who can provide support and accountability as you pursue those goals?